



Item #: L8000

## Lamb Weston<sup>®</sup> Sweet Potatoes 3/8" x 1/4" Trim Fries

Brand: Lamb Weston®
Cut Size: 3/8" x 1/4" Trim
Package Size: 5/3#

Lamb Weston® Sweet Potatoes will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. This trim cut fry is a unique, thin rectangular shape that stands apart from a regular cut and is lightly coated with a clear batter to offer maximum hold time and crispiness.

## **NUTRITION AND COOKING METHODS**

Serving size: 3 oz (84 g/about 17 pieces) Servings per container: About 80 Calories [per serving]: 130

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general sutrition activities.

Amount per Serving		% Daily Value*
Total Fat	5.0g	6%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	200.0mg	9%
Total Carbohydrate	21.0g	
Dietary Fiber	3.0g	11%
Total Sugars	8g	
Added Sugars	3.0g	6%
Protein	1.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.5mg	2%
Potassium	230.0mg	4%

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Oleoresin Paprika, Xanthan Gum.

Grade: A Kosher: No Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 10 min	400°F	Arrange frozen product in single layer, turn product halfway through baking time.
Conventional Oven	20-25 min	400°F	Arrange frozen product in single layer, turn product halfway through baking time.
Deep Fry	2 - 2 1/2 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

## SHIPPING AND STORAGE

Shipping Information	
Item Number	L8000
GTIN	10044979128003
Net Weight	15.0 lb
Gross Weight	16.0 lb
Count Per Pound	N/A
Case Cube	0.75
Ti/Hi	9,13
Country of Origin	US
Shelf Life	720 days

## **Handling Instructions**

Do not drop. Handle like eggs. Perishable, keep frozen. Store at  $0^{\circ}F$  or colder.