



## Mashed Breakfast Bacon Bowl

With Lamb's Supreme® Red Skin Mashed as the base, a simple poached egg and some bacon make this an easy meal to add to any menu.

### INGREDIENTS

- 8 oz. (240 g) Lamb's Supreme® Red Skin Mashed (M22)
- 2 tbsp. (14 g) crispy bacon, chopped
- 2 tbsp. (7.5 g) parsley, chopped
- 2 eggs, poached

### DIRECTIONS

1. Prepare the Lamb's Supreme® Red Skin Mashed to manufacturer directions.
2. In a cup place 4 oz. (120 g) of mashed potatoes.
3. Top with 1 egg, poached and sprinkle with 1 tbsp. (7 g) crispy bacon, chopped.
4. Garnish with parsley, chopped

### Yield

2 Portions