



Item #: 02033

Lamb Weston® 3/8" Regular Cut

Brand: Lamb Weston®

Cut Size: 3/8" Regular Cut

Package Size: 6/5#

Lamb Weston® offers a wide variety of products that are consistently great tasting and high-quality. This popular cut is the perfect balance of potato texture and flavor while providing great yield.

Ingredients

Ingredients: Idaho® Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Grade: A

Kosher: No

Halal: No

NUTRITION

Serving size: 3 oz (84g/about 13 pieces)

Servings per container: About 160

Calories [per serving]: 130

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	4.0g	5%
Saturated Fat	1.0g	5%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	40.0mg	2%
Total Carbohydrate	20.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.72mg	4%
Potassium	300.0mg	6%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Deep Fry	3 1/4 - 3 3/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

SHIPPING AND STORAGE

Shipping Information

Product Information

SHIPPING AND STORAGE

Net Weight	30 lb	Country of Origin	US
Gross Weight	32 lb	Shelf Life	720 days
Count Per Pound	N/A		
Case Cube	1.24		
Ti/Hi	8,9		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.