



Item #: 30408

Lamb Weston® Spicy Battered Onion Petals

Brand: Lamb Weston®

Cut Size: Petal Approx. 50-70/lb

Package Size: 4/2-1/2# P

Thin-cut, spoon-shaped petals coated in a specially blended, seasoned batter. Ideal for dipping, each one is par-fried perfectly to deliver a delicious taste treat. AVAILABLE IN SELECT MARKETS - EXCLUDING EUROPE.

Ingredients

Ingredients: Onions, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Soybean Oil and/or Canola Oil, Modified Corn Starch, Buttermilk Blend (Buttermilk, Whey Solids), Salt, Whey (Milk), Natural Flavors, Spices, Sugar, Buttermilk Powder, Citric Acid, Dextrose, Oleoresin Paprika. CONTAINS: WHEAT, MILK

Grade: A

Kosher: No

NUTRITION

Serving size: 16 pieces (78g)
Servings per container: About 15
Calories [per serving]: 190

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	11.0g	14%
Saturated Fat	2.5g	13%
Trans Fat	0g	
Cholesterol	6.0mg	2%
Sodium	160.0mg	7%
Total Carbohydrate	20.0g	
Dietary Fiber	1.0g	4%
Total Sugars	4g	
Added Sugars	2.0g	4%
Protein	3.0g	
Vitamin D	0.0mcg	0%
Calcium	15.0mg	0%
Iron	0.62mg	2%
Potassium	60.0mg	0%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 10 min	425°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.

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Conventional Oven	12 - 16 min	425°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Deep Fry	2 1/2 - 3 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.
Impingement Oven	8 - 10 min	460-465°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.

SHIPPING AND STORAGE

Shipping Information		Product Information	
Net Weight	10 lb	Country of Origin	
Gross Weight	12 lb	Shelf Life	540 days
Count Per Pound	50-70		
Case Cube	0.64		
Ti/Hi	12,12		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.