



Item #: 30410

Lamb Weston® 5/8" Gourmet Breaded Onion Rings

Brand: Lamb Weston®
Cut Size: 5/8" Onion Rings
Package Size: 8/2# CT

Lamb Weston® has the perfect potato offerings to meet your every need, providing a wide variety of unique choices. These gourmet breaded onion rings are made from sweet Spanish onion slices lightly breaded in a savory bread crumb. Sliced consistently to a 5/8" width makes it the perfect ratio of soft onion on the inside and crisp, crumbly texture on the outside. Serve as a premium side or shareable appetizer.

OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



High-quality premium length fries fill up the plate more with fewer strips than budget fries.



The uniform size leads to better portion control, less waste for your operations, and makes it easier to calculate product costs.

NUTRITION AND COOKING METHODS

Serving size: About 4 pieces (96g)
Servings per container: About 9
Calories [per serving]: 160

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving

	Amount per Serving	% Daily Value*
Total Fat	0.5g	1%
Saturated Fat	0.0g	0%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	370.0mg	16%
Total Carbohydrate	36.0g	
Dietary Fiber	1.0g	4%
Total Sugars	3g	
Added Sugars	1.0g	2%
Protein	4.0g	
Vitamin D	0.0mcg	0%
Calcium	21.0mg	0%
Iron	0.79mg	4%
Potassium	100.0mg	2%

Ingredients: Onions, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Modified Corn Starch, Yellow Corn Flour, Salt, Onion Powder, Whey (Milk), Sugar, Dextrose, Garlic Powder, Yeast, Colored with Turmeric, Paprika, Annatto. **CONTAINS: WHEAT, MILK**

Grade: A

Kosher: No

Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
Deep Fry	2 - 2 1/2 minutes	345-350F (174-177C)	FOR FOOD SAFETY, FOLLOW COOKING INSTRUCTIONS ON THE PACKAGE. KEEP FROZEN – DO NOT THAW. For food safety, read and follow the cooking instructions as product must reach a minimum of 165F (74C) internal temperature as measured by a food thermometer in several spots. Amount: 1 1/2 LB (680g). Deep fry from frozen state. Fill basket 1/2 full.

SHIPPING AND STORAGE

Shipping Information

Item Number	30410
GTIN	10044979304100
Net Weight	16.0 lb
Gross Weight	19.0 lb
Count Per Pound	15-25
Case Cube	1.37
Ti/Hi	10,7
Country of Origin	
Shelf Life	360 days

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.