



Item #: FC001

Lamb Weston Fully Cooked - Heat & Serve™ 3/8" Diced Potatoes

Brand: Lamb Weston Fully Cooked -

Heat & Serve™

Cut Size: 3/8" x 3/8" x 1/2" Package Size: 6/5#

Tender skin-on diced potatoes with great potato flavor. These dices are exceptionally versatile in recipes for breakfast, lunch, and dinner while also saving you time and labor with no prep required.

OPERATOR BENEFITS



This product does not require a cooking step for food safety.



This product can be refrigerated <40F (<5C) up to 48 hours if unopened.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

NUTRITION AND COOKING METHODS

Serving size: 2/3 Cup (84g)

Servings per container: About 160

Calories [per serving]: 60

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	0.0g	0%
Saturated Fat	0.0g	0%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	10.0mg	0%
Total Carbohydrate	12.0g	
Dietary Fiber	1.0g	4%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	10.0mg	0%
Iron	0.3mg	0%

Potassium 10.0mg 0%

Ingredients: Potatoes.

Grade: A Kosher: No Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
Preparation			This product is fully cooked. May serve thawed or heat in a conventional oven, convection oven, quick cook oven, microwave, or on a flat grill.
Flat Grill	7 - 12 minutes	350°F - 400°F	Add 3-5 Tablespoons of oil onto grill. Spread 6-8 oz. dices evenly over the oil. Grill for 4-6 mins. Add 1-3 Tablespoons of oil over dices just prior to flipping. Flip and heat for 3-6 more minutes.

SHIPPING AND STORAGE

Shipping Information	
Item Number	FC001
GTIN	10044979122407
Net Weight	30.0 lb
Gross Weight	32.0 lb
Count Per Pound	N/A
Case Cube	1.09
Ti/Hi	9,8
Country of Origin	US
Shelf Life	540 days

Handling Instructions

Do not drop. Handle like eggs. Perishable - ship frozen & keep frozen. Unopened bag may be refrigerated <40°F (5°C) for up to 48 hours. Consume once opened. Heat for quality.