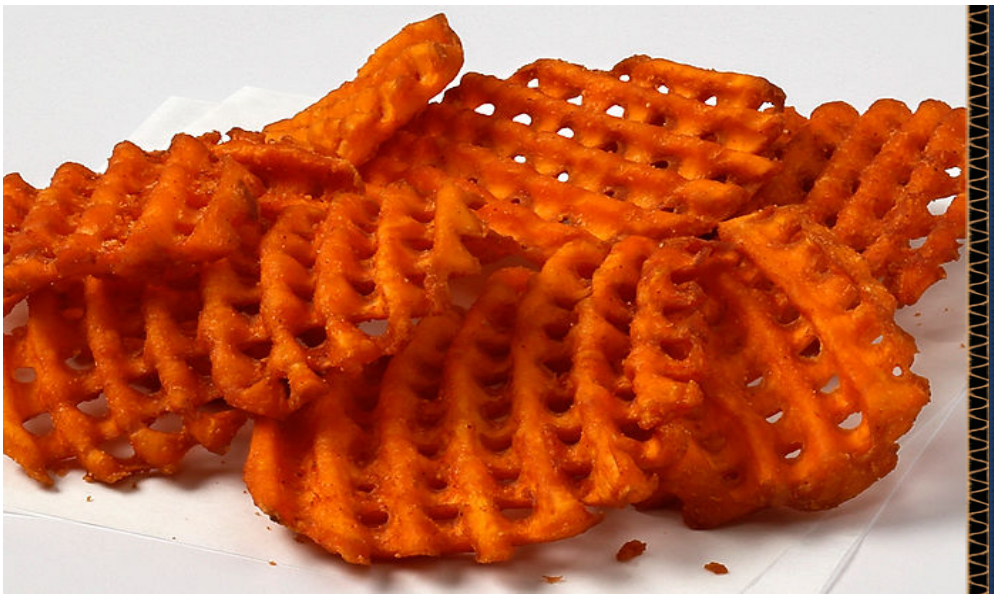
LambWeston®
SEEING POSSIBILITIES IN POTATOES



Item #: L0090

Lamb Weston® Sweet Potatoes CrissCut®

Brand: Lamb Weston®
Cut Size: Waffle Cut Approx. 55 ct/lb
Package Size: 5/3#

Lamb Weston® Sweet Potatoes will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. This crispy waffle fry adds uniqueness to your menu with a highly satisfying bite while providing maximum plate coverage.

OPERATOR BENEFITS

TRY OUR VARIETY OF OFFERINGS

Choose from a variety of flavors and sizes in our wide portfolio of offerings.

FAN FAVORITE

Twisters and waffle fries are consumers' favorite fries globally!

CRISPY GROOVES

Crispy grooves have more edges that provide satisfying, extra crunch.

GREATER PLATE COVERAGE

High-quality premium length fries fill up the plate more with fewer strips than budget fries.

INNOVATORS OF CUTTING EQUIPMENT
YEARS OF EXPERIENCE

Leading the frozen potato industry in innovative technology for over 60 years.

NUTRITION AND COOKING METHODS

Serving size: 1 cup (84g)
Servings per container: About 80
Calories [per serving]: 150

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	6.0g	8%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	230.0mg	10%
Total Carbohydrate	23.0g	
Dietary Fiber	2.0g	7%
Total Sugars	5g	
Added Sugars	3.0g	6%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.45mg	2%
Potassium	270.0mg	4%

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola,Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Rice Flour, Corn Starch,Dextrin, Spice, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), OleoresinPaprika, Xanthan Gum.

Grade: A
Kosher: No
Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
Convection Oven	7 - 9 min	400°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Conventional Oven	18 - 20 min	400°F	Arrange frozen product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Deep Fry	1 3/4 - 2 1/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

SHIPPING AND STORAGE

Shipping Information

Item Number	L0090
GTIN	10044979120908
Net Weight	15.0 lb
Gross Weight	17.0 lb
Count Per Pound	N/A
Case Cube	0.97
Ti/Hi	9,11
Country of Origin	US
Shelf Life	720 days

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.