



Item #: C0077

Lamb Weston® Twister® Fries Skin-On

Brand: Lamb Weston®

Cut Size: 1/3" Twist

Package Size: 6/5#

Lamb Weston® offers a wide variety of products that are consistently great tasting and high-quality. The fun, curly shape delivers uniqueness and excellent plate coverage.

Ingredients

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Grade: A

Kosher: No

NUTRITION

Serving size: 1 cup (84g)

Servings per container: About 160

Calories [per serving]: 120

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	4.5g	6%
Saturated Fat	1.0g	5%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	30.0mg	1%
Total Carbohydrate	17.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.36mg	2%
Potassium	300.0mg	6%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Deep Fry	3 - 3 1/2 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

SHIPPING AND STORAGE

Shipping Information		Product Information	
Net Weight	30 lb	Country of Origin	US

SHIPPING AND STORAGE

Gross Weight	32 lb	Shelf Life	720 days
Count Per Pound	N/A		
Case Cube	1.55		
Ti/Hi	6,9		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.