



Item #: L0089

## Lamb Weston® Sweet Potatoes 5/16" Thin Regular Cut Vanilla Sugar Seasoned

Brand: Lamb Weston®  
Cut Size: 5/16" Thin Regular Cut  
Package Size: 5/3#

Lamb Weston® Sweet Potatoes will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. This versatile 5/16" regular cut fry provides the appeal of a thicker cut but with more servings per case and shorter cook times. Lightly coated with a clear, vanilla sugar seasoned batter to offer maximum flavor, hold time, and crispiness.

### OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Drive traffic and charge more for these unique products due to their higher perceived value.



High-quality premium length fries fill up the plate more with fewer strips than budget fries.



These thin cuts cook up faster than thick cut fries.

### NUTRITION AND COOKING METHODS

**Serving size: 3 oz (84g/about 15 pieces)**  
**Servings per container: About 80**  
**Calories [per serving]: 150**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	5g	6%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	280mg	12%
Total Carbohydrate	24g	
Dietary Fiber	3g	11%
Total Sugars	10g	
Added Sugars	3g	6%
Protein	1g	
Vitamin D	0mcg	0%
Calcium	17mg	0%
Iron	0.36mg	2%

**Ingredients:** Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Sugar, Modified Food Starch (Corn, Tapioca), Natural and Artificial Flavors, Rice Flour, Corn Starch, Dextrin, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Color (Turmeric), Xanthan Gum, Dextrose, Oleoresin Paprika.

**Grade:** A

**Kosher:** No

**Halal:** Yes

Cooking Method	Time	Temperature	Additional Instructions
Convection Oven	10 - 12 min	400°F	Arrange frozen product in single layer, turn product halfway through baking time.
Conventional Oven	20-25 min	400°F	Arrange frozen product in single layer, turn product halfway through baking time.
Deep Fry	2 - 2 1/2 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

## SHIPPING AND STORAGE

### Shipping Information

Item Number	L0089
GTIN	10044979120892
Net Weight	15 lb
Gross Weight	17 lb
Count Per Pound	N/A
Case Cube	0.81
Ti/Hi	9,13
Country of Origin	US
Shelf Life	720 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.