



Item #: L0092

## Lamb Weston® Sweet Potatoes 3/8" Regular Cut

Brand: Sweet Things®  
Cut Size: 3/8" Regular Cut  
Package Size: 5/3#

Lamb Weston® Sweet Potatoes will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. Enjoy this leading foodservice cut that provides the perfect balance of crispiness on the outside and a fluffy baked potato texture on the inside. Lightly coated with a clear batter to offer maximum hold time and crispiness.

### OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Drive traffic and charge more for these unique products due to their higher perceived value.



High-quality premium length fries fill up the plate more with fewer strips than budget fries.

### NUTRITION AND COOKING METHODS

**Serving size: 3 oz (84g/about 15 pieces)**  
**Servings per container: About 80**  
**Calories [per serving]: 140**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	3.5g	4%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	170mg	7%
Total Carbohydrate	25g	
Dietary Fiber	3g	11%
Total Sugars	9g	
Added Sugars	3g	6%
Protein	2g	
Vitamin D	0mcg	0%
Calcium	20mg	0%
Iron	0.36mg	2%
Potassium	250mg	4%

**Ingredients:** Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Rice Flour, Corn Starch, Dextrin, Pea Starch, Salt, Spice, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Oleoresin Paprika, Xanthan Gum.

**Grade:** A  
**Kosher:** No  
**Halal:** Yes

Cooking Method	Time	Temperature	Additional Instructions
Convection Oven	9 - 14 min	400°F	Arrange frozen product in single layer.
Conventional Oven	27 - 32 min	400°F	Arrange product in single layer.
Deep Fry	2 1/4 - 2 3/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

## SHIPPING AND STORAGE

### Shipping Information

Item Number	L0092
GTIN	10044979120922
Net Weight	15 lb
Gross Weight	17 lb
Count Per Pound	N/A
Case Cube	0.78
Ti/Hi	13,9
Country of Origin	US
Shelf Life	720 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.