



Item #: L0103

## Sweet Things® 1/2" x 1/4" Platter Fries Seasoned

Brand: Sweet Things®

Cut Size: 1/2" x 1/4" Platter

Package Size: 3/5#

Sweet Things® sweet potato products offer a delicious alternative to traditional potatoes in a variety of formats. This fry is cut thin and wide for a crispy bite with a light savory seasoned batter.

### Ingredients

Ingredients: Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Corn Starch, Sugar, Dextrin, Salt, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Oleoresin Paprika, Xanthan Gum, Natural Flavor.

Grade: A

Kosher: No

### NUTRITION

**Serving size:** 3 oz (84g/about 15 pieces)

**Servings per container:** About 80

**Calories [per serving]:** 160

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	7.0g	9%
Saturated Fat	0.5g	3%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	260.0mg	11%
Total Carbohydrate	22.0g	
Dietary Fiber	2.0g	7%
Total Sugars	5g	
Added Sugars	3.0g	6%
Protein	1.0g	
Vitamin D	0.0mcg	0%
Calcium	24.0mg	0%
Iron	0.55mg	2%
Potassium	150.0mg	2%

### COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 12 min	400°F	Arrange frozen product in single layer.
Conventional Oven	20-25 min	400°F	Arrange product in single layer.
Deep Fry	2 1/4 - 2 3/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

## SHIPPING AND STORAGE

### Shipping Information

Net Weight 15 lb

Gross Weight 17 lb

Count Per Pound N/A

Case Cube 0.72

Ti/Hi 14,9

### Product Information

Country of Origin US

Shelf Life 720 days

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.