



Item #: L97

## Lamb Weston® Steak Cut Skin-On

Brand: Lamb Weston®

Cut Size: 3/8" x 3/4" Steak

Package Size: 6/5#

Lamb Weston® offers a wide variety of products that are consistently great tasting and high-quality. This skin-on steak fry has excellent potato flavor and texture.

### Ingredients

Ingredients: Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Palm, Soybean, Sunflower), Disodium Dihydrogen Pyrophosphate (to promote color retention), Dextrose.

Grade: A

Kosher: No

Halal: No

### NUTRITION

**Serving size:** 3 oz (84g/about 7 pieces)  
**Servings per container:** About 160  
**Calories [per serving]:** 110

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	3.0g	4%
Saturated Fat	1.0g	5%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	25.0mg	1%
Total Carbohydrate	18.0g	
Dietary Fiber	2.0g	7%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	20.0mg	0%
Iron	0.36mg	2%
Potassium	350.0mg	6%

### COOKING METHODS

Method	Time	Temperature	Additional Instructions
Deep Fry	3 3/4 - 4 1/4 min	345 - 350°F	Deep fry from frozen state. Fill basket 1/2 full.

### SHIPPING AND STORAGE

Shipping Information

Product Information

## SHIPPING AND STORAGE

Net Weight	30 lb	Country of Origin	US
Gross Weight	32 lb	Shelf Life	720 days
Count Per Pound	N/A		
Case Cube	1.12		
Ti/Hi	8,9		

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.