



Item #: M14

Lamb's Supreme® Mashed Lightly Seasoned

Brand: Lamb's Supreme®

Cut Size: Mashed

Package Size: 6/4# P MILD

Lamb's Supreme® products deliver premium quality and consistency. Peeled potatoes, with a hint of onion, light seasoning and other ingredients are whipped to a creamy smooth consistency.

Ingredients

Ingredients: Potatoes, Water, Skim Milk, Soybean Oil, Cream Cheese (Pasteurized Milk and Cream, Cheese Culture, Salt, Carob Bean Gum), Butter (Cream, Salt), Salt, Maltodextrin, Mono- and Diglycerides, Natural Flavor, Onion Powder, Disodium Dihydrogen Pyrophosphate (to promote color retention).CONTAINS: MILK

Grade: A

Kosher: Yes

Halal: No

NUTRITION

Serving size: 2/3 cup (140g)

Servings per container: About 78

Calories [per serving]: 110

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

	Amount per Serving	% Daily Value*
Total Fat	2.0g	3%
Saturated Fat	1.0g	5%
Trans Fat	0g	
Cholesterol	5.0mg	2%
Sodium	500.0mg	22%
Total Carbohydrate	21.0g	
Dietary Fiber	2.0g	7%
Total Sugars	0g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	24.0mg	0%
Iron	0.35mg	0%
Potassium	340.0mg	6%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Boil in Bag	24-26 min		Place bag (unopened) in boiling water.

COOKING METHODS

Microwave Oven	20-24 min	Med-High	Cut 1" slit in center of unopened bag. Heat on medium high for half of the total heating time. Rotate bag. Push corners inward. Finish heating. NOTE: Ovens may vary, adjusting cooking times as needed.
Steamer	26-28 min		Place bag (unopened) in perforated pan.

SHIPPING AND STORAGE

Shipping Information		Product Information	
Net Weight	24 lb	Country of Origin	US
Gross Weight	26 lb	Shelf Life	720 days
Count Per Pound	N/A		
Case Cube	0.63		
Ti/Hi	6,14		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.