



Item #: M15

Lamb Weston Supreme<sup>™</sup> Plain Mashed Frozen Potatoes

Brand: Lamb Weston Supreme™ Cut Size: Mashed Package Size: 6/4#

Lamb Weston Supreme<sup>™</sup> provides consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions. These rich and creamy frozen mashed potatoes are made from premium potatoes and high-quality ingredients providing a scratch-made taste and texture without the prep and labor. Simply boil or steam in a bag.

### **OPERATOR BENEFITS**



Consistent, profitable, best-in-class potato offerings from the finest U.S. growing regions.



Real baked potato flavor and texture in every bite.



Save time and labor by replacing back-of-house cutting, peeling, and prepping with a ready-to-go solution right out of the freezer.



Try our variety of pre-seasoned offerings for quick and convenient back-of-house solutions.

#### NUTRITION AND COOKING METHODS

# Serving size: 2/3 cup (140g) Servings per container: About 78 Calories [per serving]: 100

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| Amount per Serving |              | % Daily Value* |
|--------------------|--------------|----------------|
| Total Fat          | 1.5g         | 2%             |
| Saturated Fat      | 0.0g         | 0%             |
| Trans Fat          | Og           |                |
| Cholesterol        | 0.0mg        | 0%             |
| Sodium             | 80.0mg       | 3%             |
| Total Carbohydrate | 20.0g        |                |
| Dietary Fiber      | 1.0g         | 4%             |
| Total Sugars       | less than 1g |                |
| Added Sugars       | 0.0g         | 0%             |
| Protein            | 2.0g         |                |
| Vitamin D          | 0.0mcg       | 0%             |
| Calcium            | 20.0mg       | 0%             |
| Iron               | 0.7mg        | 2%             |
| Potassium          | 200.0mg      | 4%             |

**Ingredients:** Potatoes, Canola Oil, Salt, Disodium Dihydrogen Pyrophosphate (to promote color retention), Onion Powder, Natural Flavor.

Grade: A Kosher: Yes Halal: No

| Cooking Method | Time            | Temperature                         | Additional Instructions  |
|----------------|-----------------|-------------------------------------|--|
|                |                 |                                     | FOR FOOD SAFETY, FOLLOW<br>COOKING INSTRUCTIONS ON THE<br>PACKAGE. KEEP FROZEN – DO NOT<br>THAW. For food safety, read and<br>follow the cooking instructions as<br>product must reach a minimum of<br>165F (74C) internal temperature as<br>measured by a food thermometer in<br>several spots.   |
| Boil-in-Bag    | 26 - 30 minutes | Boiling                             | Amount: Whole unopened bag. Place<br>unopened bag in boiling water.<br>Remove bag halfway through cook<br>time and knead for 20 seconds;<br>CAUTION contents will be hot. Place<br>bag back in boiling water for remaining<br>cook   |
| Steam Cabinet  | 28 - 30 minutes | Steam (Below water must be boiling) | Amount: Whole unopened bag. Place<br>unopened bag in full size perforated<br>pan. Heat as directed. Remove bag<br>halfway through cook time and knead<br>for 20 seconds; CAUTION contents will<br>be hot. Place bag back in perforated<br>pan for remaining cook time. Note:<br>Cook from frozen - DO NOT THAW.<br>Appliances vary. Adjust cooking times<br>as needed. Mashed potatoes will be<br>hot after heating, use gloves and<br>handle with care. |

## SHIPPING AND STORAGE

### **Shipping Information**

| Item Number       | M15            |
|-------------------|----------------|
| GTIN              | 10044979013156 |
| Net Weight        | 24.0 lb        |
| Gross Weight      | 26.0 lb        |
| Count Per Pound   | N/A            |
| Case Cube         | 0.63           |
| Ti/Hi             | 14,6           |
| Country of Origin | US             |
| Shelf Life        | 720 days       |

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.