



Item #: RE001

Lamb Weston Fridge  
Friendly Cook &  
Serve™ 5/16" Thin  
Regular Cut Skin-On

Brand: Lamb Weston Fridge Friendly  
Cook & Serve™  
Cut Size: 5/16" Thin Regular Cut  
Package Size: 6/4#

Lamb Weston Fridge Friendly Cook & Serve™ fries can be refrigerated for up to 7 days. The invisible coating ensures premium appearance and crispy texture from the refrigerator to the fryer. This versatile fry provides the appeal of a thicker cut with a hand-cut skin-on appearance, while also providing more servings per case and shorter cook times.

OPERATOR BENEFITS



This product can be refrigerated <40F (<5C) up to 7 days if unopened.



Invisibly coated to provide the look of traditional fries with 2x the hold time.



These thin cuts cook up faster than thick cut fries.

NUTRITION AND COOKING METHODS

Serving size: 3 oz (84g/about 18 pieces)  
Servings per container: About 128  
Calories [per serving]: 150

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	6.0g	8%
Saturated Fat	1.5g	8%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	330.0mg	14%
Total Carbohydrate	22.0g	
Dietary Fiber	1.0g	4%
Total Sugars	less than 1g	
Added Sugars	0.0g	0%
Protein	2.0g	
Vitamin D	0.0mcg	0%
Calcium	10.0mg	0%
Iron	0.4mg	2%

**Ingredients:** Potatoes, Vegetable Oil (Contains One or More of the Following: Canola, Soybean, Palm), Modified Potato Starch, Rice Flour, Salt, Potato Dextrin, Preservatives (Potassium Sorbate, SodiumBenzoate), Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dextrose, XanthanGum.

**Grade:** A  
**Kosher:** No  
**Halal:** No

Cooking Method	Time	Temperature	Additional Instructions
Deep Fry	2 ½ – 3 min	345 - 350F	Deep fry from frozen or refrigerated state. Fill basket with 1 lb of fries and shake at the beginning and middle of coot time to prevent clumping.
Convection Oven	10 – 12 min	400F	Arrange frozen or refrigerated product in a single layer on a baking sheet lined with aluminum foil or parchment paper. Turn product halfway through baking time.
Impingement Oven	10-15 min	425 - 450F	Arrange frozen or refrigerated product in a single layer on a baking sheet lined with aluminum foil or parchment paper.

SHIPPING AND STORAGE

Shipping Information

Item Number	RE001
GTIN	10044979222060
Net Weight	24.0 lb
Gross Weight	26.0 lb
Count Per Pound	N/A
Case Cube	1.49
Ti/Hi	9,7
Country of Origin	US
Shelf Life	720 days

Handling Instructions

Keep frozen at or below 10°F, until ready to thaw. Store bags in refrigeration unopened for up to 7 days. Thaw at 33°F-38°F. Cook for food safety.