



Denver Hash Brown Cups

INGREDIENTS

- 4 cups Lamb's Supreme® IQF Hash Browns (S69)
- 1 Tbsp. melted butter
- 2 egg whites
- Salt and pepper to taste
- Soft butter for greasing muffin tin
- 6 large eggs
- 1/2 tsp. unsalted butter
- 1/2 small red onion, diced
- 1 small red pepper, diced
- 4 oz. ham, diced
- 3 oz. shredded cheddar cheese

DIRECTIONS

- 1. Toss first 3 ingredients together.
- 2. Season with salt and pepper.
- 3. Generously butter 6 large muffin cups.
- 4. Press 1/2 cup of the mixture into bottom and up sides of muffin cup.
- 5. Bake at 475° F for 15 minutes.
- 6. Remove from oven. In nonstick pan, melt butter, add onion, pepper and ham.
- 7. Cook for 6 minutes or until soft.
- 8. Season with salt and pepper.
- 9. Divide into potato-lined muffin cups and top with cheese.
- 10. Bake 2 minutes.
- 11. Remove from oven and crack one egg into each cup.
- 12. Season with salt and pepper.
- 13. Place back in the oven for 8-10 minutes or until egg white is just set.
- 14. Remove from oven and then from muffin tin.

DIRECTIONS

6 portions