



Vegan Chickpea Curry with Dippers

This chickpea curry is the ultimate healthy and easy dish!

DIRECTIONS

1. Prepare the Stealth Fries® Potato Dippers to manufacturer's directions.
2. Saute yellow onion and squash with chickpeas.
3. Add vegetable broth and reduce by half.
4. Add curry powder and salt and pepper to taste.
5. Add spinach and wilt.
6. Place in bowl and plate Potato Dippers.

YIELD

1 portion

INGREDIENTS

- 8 oz. Stealth Fries® Potato Dippers (Item S0018)
- 4 oz. drained chickpeas
- 2 oz. vegetable broth
- 1 oz. chopped yellow onion
- 1 oz. cubed squash
- 1 oz. fresh spinach
- 1 tsp curry powder
- salt & pepper to taste