



Vegan Chickpea Curry with Dippers

This chickpea curry is the ultimate healthy and easy dish!

INGREDIENTS

- 8 oz. Stealth Fries® Potato Dippers (Item S0018)
- 4 oz. drained chickpeas
- 2 oz. vegetable broth
- 1 oz. chopped yellow onion
- 1 oz. cubed squash
- 1 oz. fresh spinach
- 1 tsp curry powder
- salt & pepper to taste

DIRECTIONS

- 1. Prepare the Stealth Fries® Potato Dippers to manufacturer's directions.
- 2. Saute yellow onion and squash with chickpeas.
- 3. Add vegetable broth and reduce by half.
- 4. Add curry powder and salt and pepper to taste.
- 5. Add spinach and wilt.
- 6. Place in bowl and plate Potato Dippers.

Yield

1 portion